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Characterization of mesentericin ST99, a bacteriocin produced by *Leuconostoc mesenteroides* subsp. *dextranicum* ST99 isolated from boza

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Abstract Lactic acid bacteria isolated from Boza, a cereal-fermented beverage from Belogratchik, Bulgaria, were screened for the production of bacteriocins. With the first screening, 13 of the 52 isolates inhibited the growth of *Listeria innocua* and *Lactobacillus plantarum*. The cell-free supernatant of one of these strains, classified as *Leuconostoc mesenteroides* subsp. *dextranicum* ST99, inhibited the growth of *Bacillus subtilis*, *Enterococcus faecalis*, several *Lactobacillus* spp., *Lactococcus lactis* subsp. *cremoris*, *Listeria innocua*, *Listeria monocytogenes*, *Pediococcus pentosaceus*, *Staphylococcus aureus* and *Streptococcus thermophilus*. *Clostridium* spp., *Carnobacterium* spp., *L. mesenteroides* and Gram-negative bacteria were not inhibited. Maximum antimicrobial activity, i.e. 6,400 arbitrary units (AU)/ml, was recorded in MRS broth after 24 h at 30°C. Incubation in the presence of protease IV and pronase E resulted in loss of antimicrobial activity, confirming that growth inhibition was caused by a bacteriocin, designated here as mesentericin ST99. No loss in activity was recorded after treatment with α -amylase, SDS, Tween 20, Tween 80, urea, Triton X-100, *N*-laurylsarcosine, EDTA and phenylmethylsulfonyl fluoride. Mesentericin ST99 remained active after 30 min at 121°C and after 2 h of incubation at pH 2 to 12. Metabolically active cells of *L. innocua* treated with mesentericin ST99 did not undergo lysis. Mesentericin ST99 did not adhere to the cell surface of strain ST99. Precipitation with ammonium sulfate (70% saturation), followed by Sep-Pack C₁₈ chromatography and reverse-phase HPLC on a C₁₈ Nucleosil column yielded one antimicrobial peptide.

Keywords Mesentericin ST99 · Boza · *Leuconostoc mesenteroides* subsp. *dextranicum*

Introduction

Lactic acid bacteria are widely used as starter cultures and play an important role in food preservation, microbiological stability, and production of aroma compounds in various food products [5, 6, 20, 27, 31, 35]. Many of these lactic acid bacteria produce bacteriocins [20, 31]. By definition, bacteriocins are small proteins with bactericidal or bacteriostatic activity against genetically closely related species [19, 37].

Countries of the Balkan region (North Turkey, North Greece, Yugoslavia, Albania, Bosnia and Herzegovina, and Bulgaria) are well known for the production of food and beverages fermented with lactic acid bacteria. Boza is one such traditional drink, produced by the fermentation of different cereals with yeast and lactic acid bacteria. Only a few papers have been published on the microbial composition of Boza [12, 13, 17, 41]. Most of the lactic acid bacteria that have been isolated belong to the genera *Lactobacillus*, *Lactococcus* and *Leuconostoc*. As many as 33 strains isolated from Boza showed antibacterial activity against various Gram-positive bacteria, including *Listeria innocua*, and Gram-negative bacteria such as *Escherichia coli* [17]. A bacteriocin produced by *Lactococcus lactis* subsp. *lactis* 14 has been partially characterised [17]. As far as we could determine, nothing has been reported on bacteriocins produced by the *Leuconostoc* spp. that have been isolated from Boza. *Leuconostoc* spp. are present in fairly high cell numbers in Boza (10³ cfu/ml) and play an important role in the aroma and flavour development of the product [12, 13]. It is thus important to determine if they produce bacteriocins that may be active against other leuconostocs and lactic acid bacteria normally present in Boza. Unlike dairy products, from which many leuconostocs have been isolated, Boza does not contain

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lactose and has an overall different population of lactic acid bacteria, which favours the possibility of finding a leuconostoc bacteriocin with a different spectrum of antibacterial activity.

The first bacteriocin described for *Leuconostoc* was from *Leuconostoc gelidium* UAL 187, a strain isolated from meat, and was named leucocin A [14, 15]. Subsequently, a number of bacteriocins have been described for *Leuconostoc mesenteroides* subsp. *mesenteroides* [4, 16, 23, 24, 28, 29, 32], *L. carnosum* [3, 9, 11, 18, 30, 38], *Leuconostoc* sp. [2], and *L. paramesenteroides* (now *Weissella paramenteroides*) [21]. This is the first report of a bacteriocin produced by *L. mesenteroides* isolated from Boza.

Materials and methods

Bacterial strains and growth media

Samples of Boza from Belogratchik, Bulgaria, were serially diluted, plated onto MRS agar [7] and incubated

at 30°C. Colonies of different morphology were selected from plates and cultured in MRS broth [7]. The growth media used for indicator strains included in this study are listed in Table 1. All strains were incubated at 30°C. Pure cultures were stored at -80°C in MRS broth supplemented with 15% (v/v) glycerol.

Screening for bacteriocin activity

Strains isolated from Boza were grown in MRS broth for 24 h at 30°C, harvested by centrifugation (8,000 g, 10 min, 4°C) and the cell-free supernatant adjusted to pH 6.0 with sterile 1 N NaOH. Screening for bacteriocin activity was according to the agar spot test and the well diffusion methods, described by Schillinger and Lücke [33] and Tagg and McGiven [36], respectively. The strains included in the test panel are listed in Table 1. Antimicrobial activity was expressed in arbitrary units (AU) per millilitre; 1 AU was defined as the reciprocal of the highest serial 2-fold dilution showing a clear zone of growth inhibition of the indicator strain [39]. Strain

Table 1 Indicator strains, growth media and sensitivity to *Leuconostoc mesenteroides* subsp. *dextranicum* ST99 cell-free supernatant. Incubation was at 30°C. ENITIAA Ecole Nationale des Ingenieurs des Techniques Agricoles et Alimentaires, Nantes, France; ATCC American Type Culture Collection, Rockville, Md.; NCDO National Collection of Dairy Organisms, Reading, UK; IP Institut Pasteur, Paris, France; SD PC sourdough private collection; LdC Levain de Cracker, USA (Boll); INRA-CNRZ Centre National de Recherche Zootechnique, INRA, Jouy en Josas, France; Elliker [8]; NB nutrient broth, Biokar, Beauvais, France; MRS [7]; RCM reinforced clostridial medium, Biokar, Beauvais, France

| Strain | Origin | Media | Activity ^a |
|---|-----------|---------|-----------------------|
| <i>Bacillus cereus</i> 1 and 2 | ENITIAA | NB | - |
| <i>Bacillus stearothermophilus</i> | ENITIAA | NB | - |
| <i>Bacillus subtilis</i> 6633 | ATCC | NB | + |
| <i>Carnobacterium divergens</i> 2763 | NCDO | Elliker | - |
| <i>Carnobacterium piscicola</i> 2762 | NCDO | Elliker | - |
| <i>Citrobacter freundii</i> 2 | ENITIAA | NB | - |
| <i>Clostridium perfringens</i> 2 | ENITIAA | RCM | - |
| <i>Clostridium sporogenes</i> 2 | ENITIAA | RCM | - |
| <i>Clostridium tyrobutyricum</i> 1 | ENITIAA | RCM | - |
| <i>Enterococcus faecalis</i> 1 | ENITIAA | Elliker | + |
| <i>E. coli</i> 1 and 2 | ENITIAA | NB | - |
| <i>Klebsiella pneumoniae</i> 1 | ENITIAA | NB | - |
| <i>Lactobacillus amylophilus</i> 1394 | IP | MRS | + |
| <i>Lactobacillus brevis</i> 1104 | SD PC | MRS | + |
| <i>Lactobacillus casei</i> subsp. <i>casei</i> 1038 | SD PC | MRS | + |
| <i>L. casei</i> subsp. <i>casei</i> 1416 | IP | MRS | + |
| <i>Lactobacillus curvatus</i> 1307 and 1371 | SD PC | MRS | - |
| <i>Lactobacillus delbrueckii</i> subsp. <i>bulgaricus</i> C | ENITIAA | MRS | - |
| <i>Lactobacillus fermentum</i> 1386 | IP | MRS | - |
| <i>Lactobacillus helveticus</i> 1 and 2 | ENITIAA | MRS | + |
| <i>Lactobacillus plantarum</i> 1383, 1408, 1409, 14917 and 73 | ENITIAA | MRS | + |
| <i>L. plantarum</i> 1390 and 1397 | LdC Boll | MRS | + |
| <i>L. plantarum</i> subsp. <i>pseudoplantarum</i> 1128 and 1131 | SD PC | MRS | + |
| <i>Lactobacillus sakei</i> 1 | ENITIAA | MRS | - |
| <i>L. lactis</i> subsp. <i>cremoris</i> 117 | INRA CNRZ | MRS | + |
| <i>L. mesenteroides</i> 1 and 2 | ENITIAA | MRS | - |
| <i>L. mesenteroides</i> 1000, 1044, 1228 and 1324 | SD PC | MRS | - |
| <i>L. mesenteroides</i> 8293 | ATCC | MRS | - |
| <i>L. mesenteroides</i> subsp. <i>dextranicum</i> 1055 and 1185 | SD PC | MRS | - |
| <i>L. mesenteroides</i> subsp. <i>dextranicum</i> 1414 | LdC | MRS | - |
| <i>L. innocua</i> F and V1 | ENITIAA | Elliker | + |
| <i>L. monocytogenes</i> R ser. 4b | ENITIAA | Elliker | + |
| <i>Pediococcus damnosus</i> 1 | ENITIAA | Elliker | - |
| <i>Pediococcus pentosaceus</i> 1164 and 1272 | SD PC | Elliker | + |
| <i>Proteus vulgaris</i> 2 | ENITIAA | NB | - |
| <i>Salmonella heidelberg</i> 1 | ENITIAA | NB | - |
| <i>Serratia marcescens</i> 1 | ENITIAA | NB | - |
| <i>Staphylococcus aureus</i> 1 | ENITIAA | NB | + |
| <i>Streptococcus thermophilus</i> 1 | ENITIAA | Elliker | + |
| <i>Yersinia enterocolitica</i> 3 | ENITIAA | NB | - |

^aActivity refers to inhibition with 6,400 arbitrary units (AU)/ml

ST99, which had the broadest spectrum of antimicrobial activity, was selected for further studies.

Identification of strain ST99

Strain ST99 was subjected to physiological and biochemical tests, as described by Müller [25], Garver and Muriana [10] and Atrih et al. [1]. Sugar fermentation reactions were recorded using the API 50 CHL system (Biomérieux, Marcy-l'Etoile, France). Results obtained with the API identification system were compared to carbohydrate fermentation reactions listed in Bergey's manual of systematic bacteriology [34].

Bacteriocin production

The MRS broth, without Tween 80, was inoculated with an 8-h-old culture (2%, v/v) of strain ST99. Incubation was at 30°C, without agitation. Samples were taken at 1 h intervals to determine the optical density (at 600 nm) of the culture and the antimicrobial activity (AU/ml) of the bacteriocin produced.

Effect of enzymes, pH, detergents and temperature on bacteriocin activity

Strain ST99 was grown in MRS broth at 30°C for 24 h, the cells harvested by centrifugation (8,000 g, 10 min, 4°C), and the cell-free supernatant adjusted to pH 6.0. Samples of 500 µl were incubated for 2 h in the presence of 1 or 0.1 mg/ml (final concentration) protease IV (Sigma-Aldrich, France), pronase E (Sigma) and α -amylase (Sigma), and tested for antimicrobial activity using the agar spot test method.

In a separate experiment, the effect of surfactants on the bacteriocin was tested by adding sodium dodecyl sulphate (SDS), Tween 20, Tween 80, urea, *N*-laurylsarcosine or Triton X-100 (1%, v/v, final concentration) to the cell-free supernatant. EDTA and phenylmethylsulfonylfluoride (PMSF) were added to the cell-free supernatant to final concentrations of 0.1 mM, 2.0 mM and 5.0 mM. Untreated cell-free supernatant and detergents at the same concentrations were used as controls. All samples were incubated at 37°C for 5 h and then tested for antimicrobial activity using the agar spot test method.

The effect of pH on the bacteriocin was tested by adjusting cell-free supernatants to pH 2.0–12.0 (at increments of one pH unit) with sterile 1 N NaOH or 1 N HCl. After 30 min and 2 h of incubation at room temperature (25°C), the samples were re-adjusted to pH 6.5 with 1 N NaOH or 1 N HCl and tested for antimicrobial activity using the agar spot test method.

The effect of temperature on the activity of the bacteriocin was tested by heating the cell-free supernatant to 30, 40, 50, 60, 70, 80, 90, 100 and 121°C, respectively.

Bacteriocin activity was tested after 5, 10, 15, 20 and 30 min at each of these temperatures. The agar spot test method was used.

Cell lysis

A 20 ml aliquot of bacteriocin-containing filter-sterilised and cell-free supernatant (pH 6.0) was added to a 100 ml-culture of *L. innocua* F in early exponential phase (OD_{600} = 0.06). The optical density of the culture was determined every hour for 9 h. The experiment was performed in triplicate.

Adsorption studies

Adsorption of the bacteriocin to the producer, strain ST99, was studied using the method described by Yang et al. [40]. After 18 h of growth at 30°C, the culture was adjusted to pH 6.0, the cells harvested by centrifugation (20,000 g, 15 min, 4°C) and washed with sterile 0.1 M phosphate buffer (pH 6.5). The cells were resuspended in 10 ml 100 mM NaCl (pH 2.0), stirred for 1 h at 4°C and then harvested by centrifugation (20,000 g, 15 min, 4°C). The cell-free supernatant was neutralised to pH 7.0 with sterile 1 N NaOH and tested for activity as described above.

Bacteriocin purification

A 24-h-old culture of strain ST99 was centrifuged for 15 min at 20,000 g and the cell-free supernatant treated for 10 min at 80°C to prevent proteolytic degradation of the bacteriocin. Ammonium sulfate was gradually added to the cell-free supernatant (70% saturation), stirred for 4 h at 4°C and then centrifuged (20,000 g, 1 h, 4°C). The pellet was resuspended in 25 mM ammonium acetate (pH 6.5) and loaded on a Sep-Pack C₁₈ column (Waters Millipore, Bedford, Mass.). The column was washed with 20% (v/v) iso-propanol in 25 mM ammonium acetate (pH 6.5) and the bacteriocins eluted with 40% iso-propanol in 25 mM ammonium acetate (pH 6.5). After drying under vacuum (Speed-Vac; Savant, France), the fractions were pooled and dissolved in 0.1% (v/v) trifluoroacetic acid (TFA). This fraction was subjected to reverse-phase HPLC on a C₁₈ Nucleosil (Waters) column (250×4.6 mm). Elution was performed using TFA (0.1%) in water (eluent A) and TFA (0.1%) in acetonitrile (eluent B). A linear gradient from 0 to 100% B was applied over 65 min and kept at 100% B for 10 min. Polypeptides were detected with an in-line optical density reader at 280 nm. Fractions were collected, dried under vacuum, dissolved in 1 ml sterile de-ionised water and stored at -20°C. Activity was tested by using the agar spot test method. Fractions with the highest activity from the first separation were pooled and again separated by HPLC, using the same

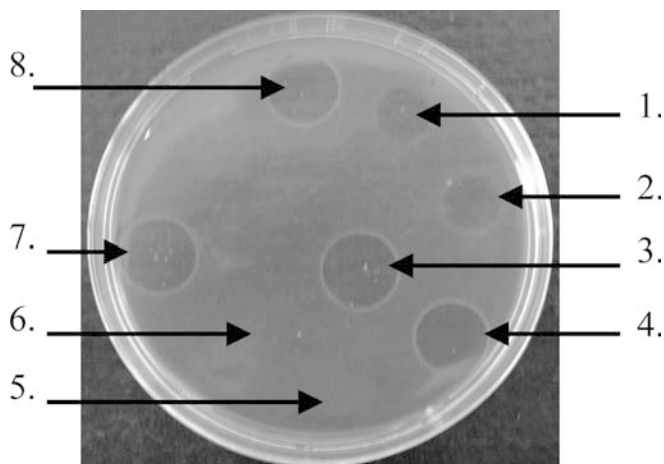


Fig. 1 Antimicrobial activity of mesentericin ST99. 1 Cell-free supernatant; 2 cell-free supernatant treated with α -amylase (0.1 mg/ml); 3, 4 peak eluted at 46.96 min, separated by reverse phase HPLC; 5 cell-free supernatant treated with pronase E (0.1 mg/ml); 6 peak eluted at 46.96 min, treated with pronase E (0.1 mg/ml); 7, 8 peak eluted at 46.96 min treated with α -amylase (0.1 mg/ml). *Lactobacillus plantarum* LAB 73 was used as the sensitive strain

conditions. The activity of the peak which eluted at 46.96 min is shown in Fig. 1.

Results and discussion

The population of lactic acid bacteria recorded in Boza was about 2×10^8 cfu/ml. A total of 52 colonies were selected from MRS agar plates based on differences in morphology. Only 13 isolates showed antibacterial activity against *L. innocua* F. No activity was recorded against the Gram-negative bacteria included in this study (Table 1). The bacteriocin produced by strain ST99 differs from mesentericin Y105, mesentericin 52, and leucocins A, B, C and TA33a described for *L. mesenteroides* [16, 24, 29] in that it does not inhibit the growth of other *Leuconostoc* spp. Based on this characteristic, and its broad spectrum of activity (active

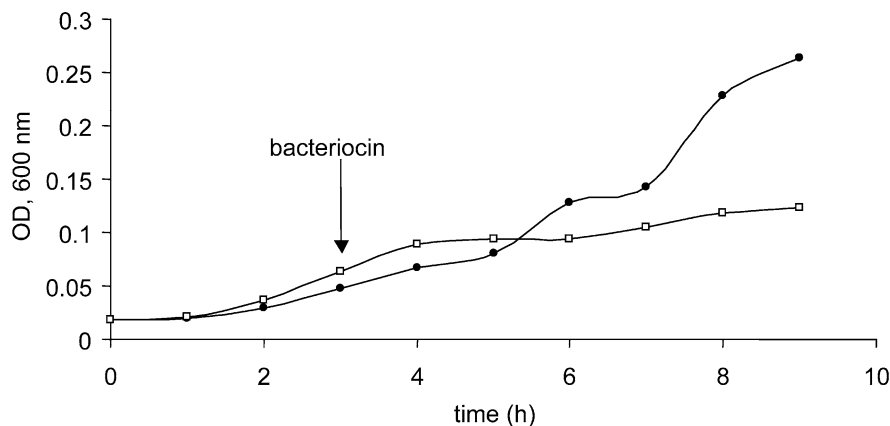
against *Bacillus subtilis*, *Enterococcus faecalis*, several *Lactobacillus* spp., *Lactococcus lactis* subsp. *cremoris*, *Listeria innocua*, *Listeria monocytogenes*, *Pediococcus pentosaceus*, *Staphylococcus aureus* and *Streptococcus thermophilus*), the bacteriocin of strain ST99 was selected for further studies.

Strain ST99 is Gram-positive, catalase- and oxidase-negative. Cells in mid-log phase are coccoid, but somewhat elongated. Carbon dioxide is produced from the fermentation of glucose. Growth in MRS broth is viscous, which may be due to the formation of exopolysaccharides. Growth in MRS broth is optimal at 30°C, but slow at 16°C and usually only visible after 48 h. The final pH after 48 h at 30°C is about 4.6. No growth was observed at 45°C. Strain ST99 fermented L-arabinose, ribose, D-xylose, galactose, glucose, fructose, mannose, salicin, cellobiose, maltose, lactose, melibiose, sucrose, trehalose, raffinose, gentiobiose, esculin, α -methyl-D-glucoside, N-acetyl-glucosamine, amygdalin, arbutin, gluconate and mannitol, but none of the other sugars in the API 50 CHL reaction test. Comparison of these carbohydrate fermentation reactions to the API 50 CHL databank revealed 99.9% homology to *L. mesenteroides* subsp. *dextranicum*, confirming its identification.

Growth of *L. mesenteroides* subsp. *dextranicum* ST99 under aerobic or anaerobic conditions resulted in production of more-or-less the same activity level of mesentericin ST99. Incubation temperature, however, had a significant effect on the growth of strain ST99 and production of mesentericin ST99. At 30°C, with the pH of the culture not regulated, mesentericin ST99 was produced at 6,400 AU/ml within 24 h (data not shown).

Complete inactivation or significant reduction in antimicrobial activity was observed after treatment of the cell-free supernatant with protease IV and pronase E (Fig. 1), confirming its proteinaceous nature. Treatment of the bacteriocin with catalase did not change its activity, indicating that the inhibition recorded was not hydrogen peroxide (Fig. 1). Incubation of mesentericin ST99 in the presence of α -amylase had no effect on the antimicrobial activity recorded, suggesting that carbohydrates are not bound to the peptide (Fig. 1). In the

Fig. 2 Growth of *Listeria innocua* F in Elliker broth at 30°C in the absence of mesentericin ST99 (filled circles) and in the presence of 6,400 AU/ml mesentericin ST99 (open squares). Arrow Addition of cell-free supernatant containing the active bacteriocin



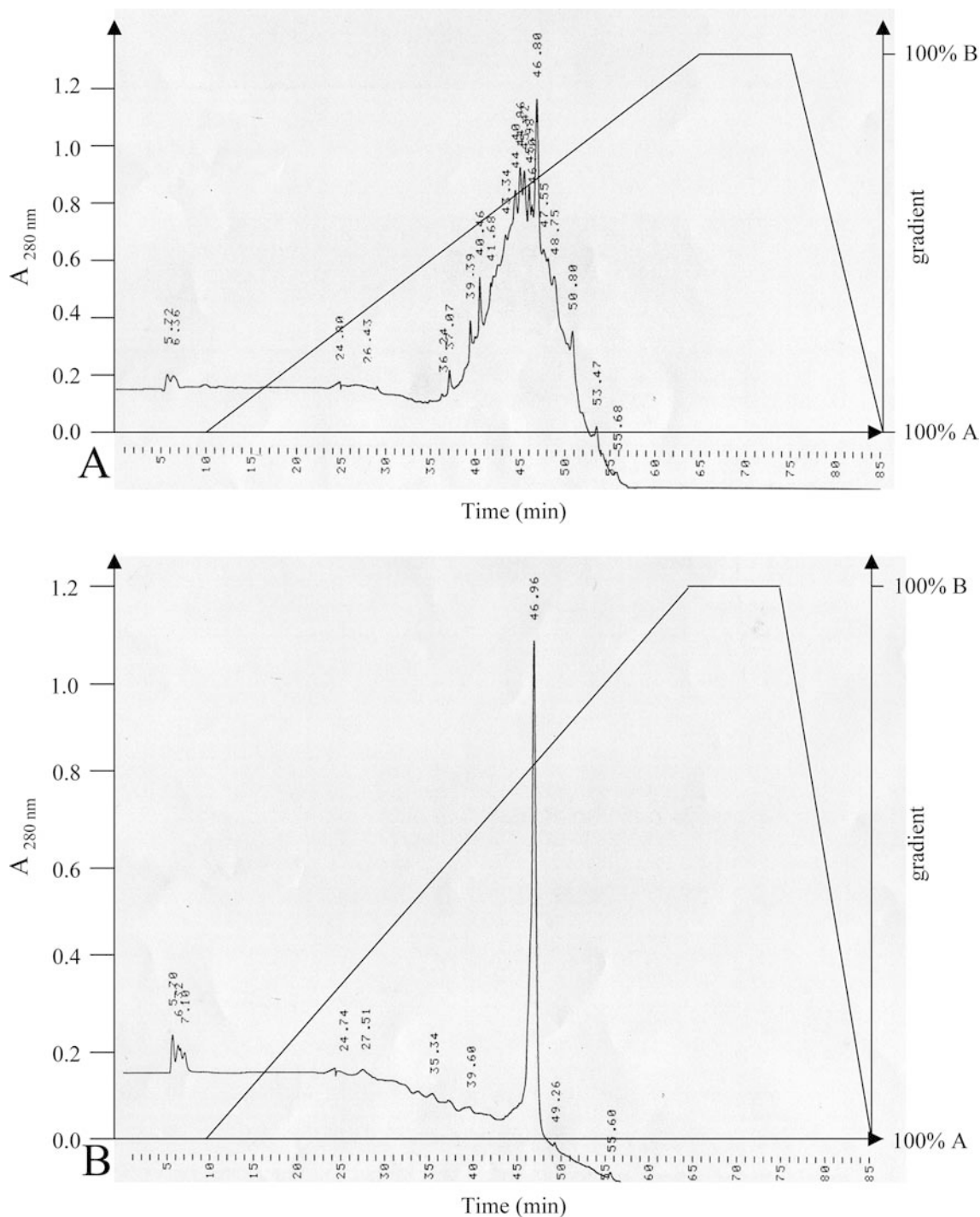


Fig. 3a, b Separation of mesentericin ST99 by reverse-phase HPLC on a C18 Nucleosil column (250×4.6 mm). The eluents used were trifluoroacetic acid (TFA; 0.1%) in water (eluent A) and TFA (0.1%) in acetonitrile (eluent B). A gradient from 0 to 100% B was applied over 65 min and kept at 100% B for 10 min. Active fractions from the first separation (**a**) were pooled and re-injected, which produced a single active peak at a retention time of 46.96 min (**b**)

case of leuconocin S [22] and carnocin 54 [18], treatment with α -amylase results in lower activity levels, suggesting that these peptides are linked to essential carbohydrates.

No decrease in mesentericin ST99 activity was recorded when incubated in the presence of SDS, Tween 20, Tween 80, urea, *N*-laurylsarcosine, Triton X-100, EDTA or PMSF. Mesentericin ST99 remained stable after incubation for 2 h at pH values between 2.0 and 12.0. Similar results were recorded for leuconocin F10 by Parente et al. [30].

Like most bacteriocins, including those produced by *Leuconostoc* strains [18, 24, 26], mesentericin ST99 is extremely heat tolerant (remained active after 30 min at 121°C, at pH 4.6).

Addition of mesentericin ST99 to logarithmic-phase cells of *L. innocua* F (3-h-old) resulted in growth inhibition after 1 h, followed by complete growth inhibition for 2 h (Fig. 2). A slow increase in optical density was recorded 3 h after the addition of mesentericin ST99, suggesting that *L. innocua* F became resistant to the bacteriocin (Fig. 2). Addition of 6,400 AU/ml of mesentericin ST99 to stationary-phase cells of *L. innocua* F resulted in no inhibition (data not shown), suggesting that the cells became resistant to the bacteriocin. The data recorded for the inhibition of *L. innocua* by mesentericin ST99 represents an average of three repeats and did not vary by more than 5%. Single data points are, therefore presented in Fig. 2 without standard deviation bars.

No mesentericin ST99 activity was recorded after treating the cells with NaCl at low pH (data not shown), suggesting that the bacteriocin did not adhere to the cell surface.

Precipitation with ammonium sulfate resulted in a 70% recovery of mesentericin ST99. The first separation by HPLC yielded active fractions with a retention time of between 45 and 50 min (Fig. 3a). When these fractions were pooled and re-injected under the same conditions, a single active peak with a retention time of 46.96 min was produced (Fig. 3b). This suggests that mesentericin ST99 may be a single-peptide bacteriocin.

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